

# Bieg w Szalszy o 100 Nagród 2017

## Wyniki - okrężenia Bieg

2017-05-13, Szalsza

M-ce	Nr	Imię i nazwisko	Rok ur.	Kateg.	Miasto	Laps	Lap1	Lap2	Lap3	Lap4	Meta	Netto
<b>Bieg</b>												
1.	84	Paweł KOSEK	1991	M20	Tychy	4	0:08:12.7	0:08:43.8	0:08:40.3	0:08:24.1	0:34:32.7	<b>0:34:31.8</b>
2.	320	Adrian WOJTACHA	1997	M20	Olkusz	4	0:08:12.6	0:08:43.5	0:08:40.6	0:08:31.2	0:34:37.9	<b>0:34:37.4</b>
3.	357	Maciej ZIECINA	1977	M40	Katowice	4	0:08:10.8	0:08:43.8	0:08:40.7	0:08:58.4	0:35:09.3	<b>0:35:06.1</b>
4.	199	Marcin SZNAPKA	1980	M30	Świętochłowice	4	0:08:24.0	0:08:49.8	0:08:59.4	0:08:55.6	0:35:42.4	<b>0:35:41.1</b>
5.	205	Piotr ŚLIWIŃSKI	1985	M30	Gliwice	4	0:08:28.4	0:09:22.2	0:09:21.1	0:09:11.4	0:36:58.8	<b>0:36:57.9</b>
6.	317	Rafał CHOMIK	1977	M40	Gliwice	4	0:08:31.8	0:09:26.7	0:09:35.0	0:09:31.4	0:37:41.3	<b>0:37:40.0</b>
7.	183	Tomasz SŁUPIK	1977	M40	Bełk	4	0:08:42.7	0:09:33.6	0:09:40.6	0:09:31.8	0:38:03.8	<b>0:38:02.7</b>
8.	133	Marek NIESLON	1985	M30	Gliwice	4	0:08:53.6	0:09:24.1	0:09:36.8	0:09:42.4	0:38:15.3	<b>0:38:12.5</b>
9.	209	Łukasz TOMASZEWSKI	1991	M20	Bytom	4	0:08:48.4	0:09:50.8	0:09:48.5	0:09:42.1	0:38:42.1	<b>0:38:41.0</b>
10.	49	Krystian GROŃ	1990	M20	Zabrze	4	0:08:55.9	0:09:43.4	0:09:52.9	0:09:37.7	0:38:46.4	<b>0:38:45.1</b>
11.	349	Krzysztof KANDZIA	1985	M30	Tworóg	4	0:08:43.6	0:09:49.6	0:09:58.8	0:09:43.9	0:38:55.3	<b>0:38:53.1</b>
12.	325	Robert DYCZKA	1975	M40	Bytom	4	0:09:21.6	0:09:41.2	0:09:53.3	0:09:48.5	0:39:28.0	<b>0:39:17.6</b>
13.	175	Sebastian SIEJA	1989	M20	Gliwice	4	0:09:08.4	0:09:48.7	0:09:56.4	0:09:49.0	0:39:26.3	<b>0:39:20.7</b>
14.	328	Magdalena KRAWCZYK	1992	K20	Gliwice	4	0:09:07.2	0:09:53.6	0:09:46.7	0:10:02.5	0:39:31.4	<b>0:39:28.4</b>
15.	238	Krzysztof ZARZYŃSKI	1980	M30	Zbrosławice	4	0:08:54.2	0:09:51.8	0:10:03.5	0:10:07.6	0:39:36.1	<b>0:39:35.0</b>
16.	117	Marian MLECZKO	1962	M50	Zabrze	4	0:09:09.1	0:09:54.0	0:09:56.8	0:10:11.7	0:39:49.0	<b>0:39:47.6</b>
17.	232	Alina WYLEŻAŁEK	1986	K30	Gliwice	4	0:09:27.3	0:09:55.7	0:10:02.2	0:10:10.4	0:40:16.2	<b>0:40:13.8</b>
18.	336	Zbigniew HASIK	1969	M40		4	0:09:04.6	0:09:59.7	0:10:22.3	0:10:16.4	0:40:22.2	<b>0:40:20.2</b>
19.	114	Witold MAJ	1960	M50	Wręczyca Wielka	4	0:09:15.3	0:10:02.5	0:10:29.2	0:10:16.5	0:40:47.9	<b>0:40:41.3</b>
20.	116	Bartosz MAŁKA	1977	M40	Knurów	4	0:09:12.2	0:10:17.0	0:10:28.4	0:10:26.3	0:40:59.8	<b>0:40:59.2</b>
21.	11	Damian BORZĘCKI	1983	M30	Gliwice	4	0:08:48.9	0:09:55.2	0:10:31.8	0:11:03.2	0:41:01.5	<b>0:40:59.9</b>
22.	140	Michał PACZKA	1967	M50	Gliwice	4	0:09:23.0	0:10:12.9	0:10:28.6	0:10:17.3	0:41:02.2	<b>0:41:00.9</b>
23.	306	Andrzej LEONOWICZ	1964	M50	Zabrze	4	0:09:30.1	0:10:23.7	0:10:40.7	0:10:11.1	0:41:20.6	<b>0:41:18.5</b>
24.	305	Borys BUDKA	1978	M30	Gliwice	4	0:09:05.9	0:09:56.6	0:10:22.1	0:11:20.9	0:41:28.6	<b>0:41:27.2</b>
25.	124	Bartłomiej MIRONOWICZ	1986	M30	Gliwice	4	0:09:52.4	0:10:19.0	0:10:38.1	0:10:05.1	0:41:43.7	<b>0:41:27.3</b>
26.	113	Tomasz MADEJCZYK	1980	M30	Gliwice	4	0:09:43.9	0:10:13.5	0:10:31.8	0:10:31.7	0:41:40.7	<b>0:41:38.2</b>
27.	146	Krzysztof PIENIAŻEK	1976	M40	Gliwice	4	0:09:39.3	0:10:22.1	0:10:32.8	0:10:31.4	0:41:44.1	<b>0:41:41.3</b>
28.	104	Elżbieta LEWICKA	1975	K40	Knurów	4	0:09:28.1	0:10:34.0	0:10:38.7	0:10:36.0	0:41:55.2	<b>0:41:52.5</b>
29.	201	Łukasz SZTUKA	1980	M30	Katowice	4	0:09:27.9	0:10:33.0	0:10:37.8	0:10:37.1	0:41:56.4	<b>0:41:53.9</b>

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M-ce	Nr	Imię i nazwisko	Rok ur.	Kateg.	Miasto	Laps	Lap1	Lap2	Lap3	Lap4	Meta	Netto
30.	14	Grzegorz BRYŁA	1976	M40	Knurów	4	0:09:29.1	0:10:32.8	0:10:44.2	0:10:58.9	0:42:25.7	<b>0:42:21.9</b>
31.	167	Rafał ROSKOSZ	1977	M40	Tarnowskie Góry	4	0:09:44.6	0:10:42.9	0:10:51.9	0:10:35.6	0:42:33.3	<b>0:42:31.9</b>
32.	200	Paulina SZPILOWSKA	1994	K20	Pyskowice	4	0:09:26.5	0:10:41.7	0:11:08.2	0:11:11.5	0:43:11.4	<b>0:43:07.6</b>
33.	355	Damian WIŚNIEWSKI	1977	M40	Tarnowskie Góry	4	0:09:41.4	0:10:46.8	0:11:21.2	0:10:57.8	0:43:24.3	<b>0:43:20.9</b>
34.	71	Milosz KAMIENIAK	1986	M30	Zabrze	4	0:09:38.6	0:10:42.9	0:11:22.8	0:11:00.8	0:43:40.7	<b>0:43:21.5</b>
35.	318	Zenon NOWAKOWSKI	1959	M50	Zabrze	4	0:10:17.8	0:10:38.6	0:10:56.5	0:10:51.2	0:43:37.8	<b>0:43:22.1</b>
36.	136	Dawid NOWICKI	1984	M30	Przyszwice	4	0:10:15.1	0:11:12.7	0:10:48.6	0:10:31.3	0:43:25.2	<b>0:43:22.7</b>
37.	217	Damian WIERCIOCH	1983	M30	Gliwice	4	0:10:15.2	0:11:12.3	0:10:48.3	0:10:31.3	0:43:26.7	<b>0:43:24.3</b>
38.	339	Sebastian IMACH	1983	M30	Koty	4	0:09:58.1	0:10:34.0	0:10:49.8	0:11:25.7	0:43:32.9	<b>0:43:24.5</b>
39.	333	Beata WROŃSKA	1980	K30	Chorzów	4	0:10:02.9	0:10:57.7	0:10:57.8	0:10:56.1	0:43:33.8	<b>0:43:32.2</b>
40.	119	Damian MEZYKOWSKI	1989	M20	Pyskowice	4	0:10:01.5	0:11:31.5	0:11:16.5	0:10:24.5	0:43:47.4	<b>0:43:43.7</b>
41.	132	Piotr NAWRAT	1982	M30	Gliwice	4	0:09:37.6	0:11:04.3	0:11:24.9	0:11:02.1	0:43:53.7	<b>0:43:48.6</b>
42.	184	Mariola SMOLL	1981	K30	42-693 Krupski Młyn	4	0:10:03.4	0:10:52.4	0:11:09.6	0:11:08.0	0:43:59.6	<b>0:43:52.5</b>
43.	344	Dawid KRAWCZYK	1988	M20	Wiesiółka	4	0:09:37.2	0:10:56.1	0:11:25.5	0:11:14.6	0:43:54.7	<b>0:43:52.9</b>
44.	102	Mateusz GIERADA	1991	M20	Gliwice	4	0:10:16.7	0:11:03.7	0:11:11.4	0:11:06.1	0:44:20.3	<b>0:44:13.4</b>
45.	296	Paweł SKRZYPCZYK	1970	M40	Szalsza	4	0:10:02.8	0:11:09.1	0:11:20.5	0:11:08.5	0:44:24.3	<b>0:44:18.9</b>
46.	145	Erwin PIELKA	1965	M50	Słupsko	4	0:10:17.3	0:11:01.7	0:11:23.8	0:11:26.5	0:45:07.3	<b>0:44:50.8</b>
47.	155	Dawid PRADELOK			Tworóg	4	0:10:03.0	0:11:11.2	0:11:45.3	0:11:16.5	0:44:58.9	<b>0:44:51.9</b>
48.	131	Mariusz NAREWSKI	1973	M40	Szalsza	4	0:10:19.4	0:11:24.0	0:11:29.3	0:11:12.1	0:45:02.4	<b>0:44:59.1</b>
49.	52	Marek HAJDA	1968	M40	Ptakowice	4	0:10:24.3	0:11:28.5	0:11:35.8	0:11:05.0	0:45:14.1	<b>0:45:12.3</b>
50.	239	Radosław ZDANIEWICZ	1979	M30	Gliwice	4	0:10:04.6	0:11:21.1	0:11:36.3	0:11:32.7	0:45:22.0	<b>0:45:18.8</b>
51.	51	Rafał HADZIK	1986	M30	Gliwice	4	0:10:17.0	0:11:26.5	0:11:36.5	0:11:30.9	0:45:33.6	<b>0:45:30.0</b>
52.	94	Jarosław KUCZMA	1970	M40	Gliwice	4	0:10:49.7	0:11:14.6	0:11:23.1	0:11:23.9	0:45:47.4	<b>0:45:30.4</b>
53.	135	Mariusz NOWAK	1977	M40	Gliwice	4	0:10:57.6	0:11:16.3	0:11:26.2	0:11:17.9	0:45:47.2	<b>0:45:36.9</b>
54.	22	Marek CZAPEK	1973	M40	Gliwice	4	0:11:00.1	0:11:42.8	0:11:33.3	0:11:11.2	0:46:11.4	<b>0:46:02.4</b>
55.	149	Mariusz PISINGAS	1978	M30	Gliwice	4	0:10:35.0	0:11:24.7	0:11:41.9	0:11:36.3	0:46:09.5	<b>0:46:03.1</b>
56.	334	Edward ANTOLAK	1951	M60		4	0:10:50.9	0:11:17.5	0:11:39.0	0:11:40.4	0:46:14.7	<b>0:46:12.8</b>
57.	310	Iwona ZAJĄC	1977	K40	Bytom	4	0:10:41.9	0:11:47.2	0:11:39.6	0:11:27.0	0:46:17.0	<b>0:46:13.4</b>
58.	206	Norbert TEICHMANN	1960	M50	Gliwice	4	0:11:14.0	0:11:31.0	0:11:24.0	0:11:25.8	0:46:26.9	<b>0:46:14.5</b>
59.	221	Krzysztof WOJAKOWSKI	1974	M40	Zabrze	4	0:10:34.8	0:11:39.7	0:11:51.2	0:11:38.6	0:46:28.5	<b>0:46:20.1</b>
60.	56	Zdzisław HUDY	1969	M40	Zabrze	4	0:10:24.9	0:11:36.5	0:11:55.6	0:11:58.7	0:46:45.3	<b>0:46:39.2</b>
61.	111	Piotr ŁĘCKI	1981	M30	Gliwice	4	0:10:40.3	0:11:21.3	0:12:01.1	0:12:04.4	0:46:55.9	<b>0:46:45.3</b>

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62.	6	Grzegorz BAŃBUŁA	1984	M30	Gliwice	4	0:10:59.5	0:11:45.8	0:11:50.4	0:11:35.0	0:46:57.3	<b>0:46:49.5</b>
63.	230	Marcin WYCIŚLIK	1985	M30	Gliwice	4	0:10:28.1	0:11:15.2	0:11:36.4	0:12:47.3	0:47:08.0	<b>0:46:54.1</b>
64.	347	Ryszard DOMAGALSKI	1958	M50	Zabrze	4	0:11:01.2	0:11:45.9	0:12:02.5	0:11:41.2	0:47:15.4	<b>0:47:06.2</b>
65.	321	Ryszard JAŁOWIEC	1950	M60	Olkusz	4	0:10:48.9	0:11:49.8	0:11:54.7	0:11:58.7	0:47:14.0	<b>0:47:12.3</b>
66.	79	Krzysztof KNEBEL	1983	M30	Zabrze	4	0:10:27.4	0:12:06.0	0:12:17.7	0:11:49.5	0:47:26.7	<b>0:47:23.7</b>
67.	316	Szymon SKRZYPIEC	1979	M30	Rybnik	4	0:10:44.6	0:11:41.0	0:12:06.1	0:12:10.5	0:47:40.3	<b>0:47:25.5</b>
68.	142	Wojciech PAWIŃSKI	1973	M40	Borowiany	4	0:11:34.8	0:11:58.8	0:11:54.5	0:11:21.8	0:47:41.5	<b>0:47:29.5</b>
69.	66	Damian KACZKIEWICZ	1974	M40	Gliwice	4	0:11:02.5	0:11:43.2	0:11:33.6	0:11:30.5	0:47:37.9	<b>0:47:31.2</b>
70.	107	Monika LIS	1978	K30	Żory	4	0:10:52.2	0:11:47.6	0:12:03.7	0:12:09.2	0:47:39.8	<b>0:47:33.3</b>
71.	195	Adam SZENDZIELORZ	1964	M50	Żory	4	0:10:52.2	0:11:47.6	0:12:04.0	0:12:08.7	0:47:40.0	<b>0:47:33.8</b>
72.	108	Piotr ŁAKOMSKI	1972	M40	Gliwice	4	0:10:53.4	0:11:52.9	0:11:55.9	0:12:25.1	0:47:59.0	<b>0:47:51.7</b>
73.	26	Janusz DADAŚ	1973	M40	Gliwice	4	0:10:36.7	0:11:51.3	0:12:15.7	0:12:29.1	0:48:03.3	<b>0:47:58.9</b>
74.	340	Arkadiusz ZAHUTA	1982	M30	Zabrze	4	0:11:02.5	0:11:34.0	0:11:53.0	0:11:48.7	0:48:25.3	<b>0:48:06.4</b>
75.	192	Aleksandra SUCHANEK	1988	K20	Pyskowice	4	0:11:03.0	0:11:33.1	0:11:53.1	0:11:48.6	0:48:25.5	<b>0:48:06.9</b>
76.	129	Bogdan MULEWSKI	1973	M40	Zabrze	4	0:11:02.9	0:11:34.3	0:11:52.2	0:11:49.1	0:48:25.6	<b>0:48:07.5</b>
77.	219	Ariel WITON	1988	M20	Pyskowice	4	0:10:24.5	0:12:18.4	0:12:38.9	0:12:16.7	0:48:20.2	<b>0:48:15.9</b>
78.	236	Stanisław ZARĘBA	1966	M50	Bytom	4	0:11:13.4	0:12:16.4	0:12:25.0	0:11:45.4	0:48:21.6	<b>0:48:18.1</b>
79.	154	Magdalena POTEPA	1990	K20	Tarnowskie Gory	4	0:11:40.4	0:12:00.1	0:12:07.4	0:11:59.9	0:48:32.7	<b>0:48:28.2</b>
80.	158	Paweł PREZENA	1988	M20	Zabrze	4	0:10:31.9	0:12:16.0	0:12:47.6	0:12:20.0	0:48:36.6	<b>0:48:34.5</b>
81.	29	Jacek DARMOŃ	1964	M50	Zabrze	4	0:10:59.9	0:11:59.5	0:12:36.2	0:12:20.1	0:48:39.6	<b>0:48:36.2</b>
82.	313	Bernard MIZERSKI	1952	M60	Tarnowskie GÓRY	4	0:11:37.6	0:12:06.4	0:12:11.6	0:12:00.2	0:48:46.9	<b>0:48:38.5</b>
83.	106	Krzysztof LIS	1994	M20	Zabrze	4	0:10:50.9	0:12:30.3	0:12:37.4	0:12:06.9	0:48:50.4	<b>0:48:45.5</b>
84.	351	Bronisław MAĆZKA	1953	M60	Gliwice	4	0:11:37.2	0:11:58.8	0:12:26.5	0:12:01.5	0:49:02.3	<b>0:48:46.9</b>
85.	93	Paweł KUCH	1966	M50	Szalsza	4	0:11:25.0	0:12:10.4	0:12:17.1	0:12:17.4	0:48:59.7	<b>0:48:51.5</b>
86.	17	Lars CHAŁASZCZYK	1995	M20	Mikołów	4	0:11:37.7	0:12:17.2	0:12:22.5	0:12:03.2	0:49:11.6	<b>0:48:53.3</b>
87.	203	Szczepan SZWAJKOSZ	1987	M30	Gliwice	4	0:11:06.1	0:12:08.0	0:12:24.4	0:12:34.6	0:49:18.9	<b>0:48:55.5</b>
88.	188	Katarzyna SOWA	1975	K40	Tarnowskie Góry	4	0:11:18.8	0:12:12.3	0:12:27.7	0:12:14.2	0:49:16.5	<b>0:48:55.6</b>
89.	222	Paweł WOJTAS	1988	M20	Sanok	4	0:10:59.8	0:12:10.7	0:12:34.7	0:12:27.4	0:48:58.9	<b>0:48:57.0</b>
90.	309	Jacek PTASZNIK	1976	M40	Gliwice	4	0:10:24.0	0:12:02.1	0:12:43.9	0:13:12.6	0:49:16.2	<b>0:49:12.6</b>
91.	335	Magdalena WRÓŃSKA	1974	K40	Chorzów	4	0:11:27.6	0:12:21.5	0:12:25.6	0:12:21.5	0:49:19.5	<b>0:49:15.6</b>
92.	115	Gizela MAJEWSKA	1968	K40	Pyskowice	4	0:11:40.4	0:12:09.8	0:12:14.2	0:12:27.6	0:49:22.3	<b>0:49:16.1</b>
93.	298	Andrzej STRZELCZYK	1951	M60	Pyskowice	4	0:10:50.8	0:12:09.1	0:12:44.9	0:12:44.5	0:49:18.5	<b>0:49:16.8</b>

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94.	350	Magdalena BADOWIEC	1980	K30	Tarnowskie Góry	4	0:11:27.5	0:12:23.1	0:12:29.9	0:12:24.9	0:49:30.8	<b>0:49:27.6</b>
95.	21	Mateusz CIEŚLIK	1987	M30	Zabrze	4	0:11:36.6	0:12:15.6	0:12:50.5	0:12:12.0	0:49:42.1	<b>0:49:31.9</b>
96.	186	Łukasz SOBEL	1982	M30	Ujazd	4	0:12:10.7	0:13:00.4	0:12:59.5	0:11:00.8	0:50:16.7	<b>0:49:53.9</b>
97.	105	Artur LIS	1998	M20	Zabrze	4	0:10:58.2	0:12:57.2	0:12:52.7	0:12:30.0	0:50:09.2	<b>0:50:03.4</b>
98.	43	Bartłomiej GADAWSKI	1997	M20	Gliwice	4	0:10:48.3	0:12:25.9	0:13:04.5	0:13:07.3	0:50:20.1	<b>0:50:03.5</b>
99.	185	Dawid SOBCZYK	1992	M20	Brynek	4	0:11:19.5	0:12:26.9	0:12:56.4	0:12:54.5	0:50:19.0	<b>0:50:11.1</b>
100.	224	Justyna WOJTAS-WÓJCIK	1993	K20	Gliwice	4	0:11:02.9	0:12:17.7	0:12:52.3	0:13:15.7	0:50:14.0	<b>0:50:11.6</b>
101.	100	Bogdan LACHERA	1959	M50	Zabrze	4	0:11:43.2	0:12:36.1	0:12:41.0	0:12:29.0	0:50:27.3	<b>0:50:13.2</b>
102.	329	Izabela TOMASZEWSKA	1969	K40	Tarnowskie Góry	4	0:11:44.9	0:12:22.0	0:12:42.4	0:12:44.1	0:50:32.9	<b>0:50:19.6</b>
103.	235	Kamil ZANDER	1988	M20	Bytom	4	0:11:29.0	0:12:21.7	0:12:48.8	0:13:03.2	0:50:42.9	<b>0:50:21.6</b>
104.	332	Łukasz KONIECKO	1983	M30	Jaśkowice	4	0:11:51.8	0:12:30.4	0:12:42.5	0:12:39.5	0:50:49.3	<b>0:50:26.7</b>
105.	343	Grzegorz PUK	1977	M40	Gliwice	4	0:11:34.6	0:12:39.9	0:12:51.6	0:12:43.3	0:50:42.2	<b>0:50:32.3</b>
106.	289	Adam KOSTRZEWA	1980	M30	Zabrze	4	0:12:22.8	0:12:35.8	0:12:41.0	0:12:31.5	0:51:11.2	<b>0:50:45.4</b>
107.	98	Iwona LACH	1987	K30	Pyskowice	4	0:11:44.3	0:12:35.2	0:12:54.2	0:12:52.0	0:50:57.5	<b>0:50:50.7</b>
108.	220	Katarzyna WOJAKOWSKA	1978	K30	Zabrze	4	0:11:40.3	0:12:31.6	0:13:07.9	0:12:52.7	0:51:01.5	<b>0:50:52.8</b>
109.	151	Marek POPIEL	1976	M40	Orzesze Woszczyce	4	0:11:29.9	0:12:18.1	0:13:13.6	0:13:12.1	0:51:06.8	<b>0:50:54.7</b>
110.	40	Justyna EJBIN	1985	K30	Krupski Młyn	4	0:11:26.2	0:12:38.5	0:13:10.5	0:13:01.5	0:51:11.2	<b>0:51:03.4</b>
111.	300	Adam POLCZYK	1978	M30	Tarnowskie Góry	4	0:11:43.0	0:12:21.6	0:13:31.2	0:12:44.5	0:51:22.3	<b>0:51:04.2</b>
112.	130	Witek NANTKA	1979	M30	Rybnik	4	0:11:49.5	0:13:00.2	0:13:08.5	0:12:34.7	0:51:28.8	<b>0:51:15.0</b>
113.	32	Marek DEWOR	1971	M40	Ossy	4	0:11:51.1	0:12:55.2	0:13:06.7	0:12:51.3	0:51:39.7	<b>0:51:21.1</b>
114.	152	Maria POPIELAWSKA	1996	K20	Bytom	4	0:12:32.8	0:13:00.1	0:12:53.6	0:12:34.5	0:51:46.0	<b>0:51:34.7</b>
115.	138	Maciek OWCZAREK	1998	M20	Gliwice	4	0:12:27.1	0:13:00.4	0:12:49.7	0:12:57.0	0:52:08.7	<b>0:51:43.5</b>
116.	194	Patrycjusz SZCZEPAN	1979	M30	Gliwice	4	0:12:27.4	0:13:00.3	0:12:49.1	0:12:57.7	0:52:09.9	<b>0:51:45.3</b>
117.	9	Joanna BIELAK	1977	K40	Gliwice	4	0:11:44.2	0:12:37.4	0:13:20.7	0:13:14.1	0:51:51.6	<b>0:51:46.0</b>
118.	55	Ewa HORDZIEJEWICZ-KARASIŃSKA	1971	K40	Bytom	4	0:11:37.3	0:12:54.8	0:13:09.5	0:13:25.7	0:52:02.4	<b>0:51:51.4</b>
119.	213	Dominik WACHNIK	1999	M20	Szalsza	4	0:12:31.9	0:13:06.5	0:12:56.3	0:12:46.0	0:52:13.2	<b>0:51:53.9</b>
120.	354	Błażej KRYSA	1981	M30	Gliwice	4	0:11:30.7	0:13:10.7	0:13:25.1	0:13:14.5	0:52:27.1	<b>0:52:02.6</b>
121.	122	Wojciech MICHNA	1992	M20	Gliwice	4	0:11:02.5	0:12:25.1	0:13:45.2	0:14:13.8	0:52:16.4	<b>0:52:05.0</b>
122.	95	Joanna KUCZMA	1971	K40	Gliwice	4	0:12:16.8	0:12:59.8	0:13:04.9	0:13:03.3	0:52:28.0	<b>0:52:10.2</b>
123.	67	Grzegorz KACZMARCZYK	1983	M30	Zabrze	4	0:12:29.0	0:13:02.6	0:12:55.3	0:13:04.8	0:52:30.0	<b>0:52:13.6</b>
124.	144	Monika PIELA	1991	K20	Bytom	4	0:12:51.0	0:13:21.8	0:13:06.6	0:12:31.6	0:52:48.8	<b>0:52:28.1</b>
125.	97	Jacek KUREK	1983	M30	Zabrze	4	0:12:51.5	0:13:27.0	0:13:08.2	0:12:26.3	0:52:50.3	<b>0:52:29.1</b>

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M-ce	Nr	Imię i nazwisko	Rok ur.	Kateg.	Miasto	Laps	Lap1	Lap2	Lap3	Lap4	Meta	Netto
126.	156	Jerzy PRADELOK	1968	M40	Tworóg	4	0:11:35.9	0:12:47.3	0:13:21.8	0:13:55.8	0:52:38.8	<b>0:52:31.1</b>
127.	50	Patryk GRZYWACZ	1991	M20	Gliwice	4	0:12:49.3	0:13:43.4	0:13:04.1	0:12:28.1	0:52:49.1	<b>0:52:40.9</b>
128.	39	Bartłomiej DZIUBLA	1996	M20	Kamieniec	4	0:11:52.4	0:13:14.9	0:13:26.1	0:13:17.1	0:52:57.0	<b>0:52:42.1</b>
129.	302	Marcin KOMANDER	1964	M50	Gliwice	4	0:12:24.7	0:13:19.7	0:13:02.7	0:13:18.8	0:53:14.4	<b>0:52:52.5</b>
130.	36	Izabela DUDZIK	1992	K20	Zabrze	4	0:12:25.5	0:13:19.8	0:13:28.1	0:13:20.2	0:53:20.5	<b>0:53:08.9</b>
131.	227	Anna WÓJCIK	1978	K30	Gliwice	4	0:12:43.4	0:13:22.9	0:13:11.3	0:13:17.8	0:53:26.8	<b>0:53:20.9</b>
132.	25	Barbara CZICHY	1966	K50	Tarnowskie Góry	4	0:11:41.3	0:13:18.6	0:13:47.6	0:13:50.8	0:53:33.8	<b>0:53:29.5</b>
133.	3	Rafał BAJOR	1975	M40	żory	4	0:11:53.7	0:13:16.5	0:13:49.1	0:13:52.7	0:53:55.0	<b>0:53:43.7</b>
134.	45	Klaudia GILLNER	1994	K20	Gliwice	4	0:12:46.4	0:13:25.1	0:13:36.2	0:13:14.9	0:54:07.4	<b>0:53:46.9</b>
135.	181	Mariusz GROCHOWSKI	1986	M30	Pyskowice	4	0:13:16.2	0:14:16.2	0:13:20.4	0:12:11.4	0:54:05.4	<b>0:53:49.2</b>
136.	88	Anna KOWALCZYK	1975	K40	Zabrze	4	0:12:44.1	0:13:39.0	0:13:23.0	0:13:26.7	0:54:05.5	<b>0:53:56.1</b>
137.	101	Marysia LACHERA	1960	K50	Zabrze	4	0:12:35.2	0:13:23.1	0:13:51.2	0:13:49.3	0:54:41.2	<b>0:54:26.0</b>
138.	103	Katarzyna LESISZ	1975	K40	Zabrze	4	0:12:45.9	0:13:22.3	0:13:51.2	0:13:47.0	0:54:32.4	<b>0:54:27.6</b>
139.	229	Izabela WRĘCZYCKA	1965	K50	Radzionków	4	0:12:28.5	0:13:41.7	0:13:51.5	0:13:46.2	0:54:35.7	<b>0:54:31.8</b>
140.	225	Józef WOLIŃSKI	1964	M50	Gliwice	4	0:12:51.0	0:13:34.8	0:13:47.6	0:14:01.8	0:55:04.6	<b>0:54:53.9</b>
141.	166	Dorota ROSIŃSKA	1975	K40	Zabrze	4	0:12:45.9	0:13:43.2	0:13:51.6	0:13:51.6	0:55:06.9	<b>0:54:56.9</b>
142.	301	Weronika BALCER	1990	K20	Gliwice	4	0:12:24.9	0:13:31.9	0:14:20.4	0:13:55.7	0:55:21.8	<b>0:55:00.0</b>
143.	177	Agnieszka SIERADZKA	1986	K30	Gliwice	4	0:12:36.9	0:13:38.1	0:13:58.3	0:14:07.0	0:55:08.5	<b>0:55:02.2</b>
144.	193	Jolanta SZARZYŃSKA-GRYCHNIK	1969	K40	Zbrostawice	4	0:12:13.5	0:14:08.9	0:14:02.5	0:14:00.5	0:55:15.1	<b>0:55:10.2</b>
145.	58	Sabina JANCZAŁA	1992	K20	Czechowice-Dziedzice	4	0:12:56.2	0:13:46.2	0:13:48.7	0:13:51.2	0:55:27.6	<b>0:55:10.6</b>
146.	223	Robert WOJTASIŃSKI	1978	M30	Bytom	4	0:14:07.9	0:13:42.7	0:13:32.4	0:13:11.4	0:55:44.1	<b>0:55:13.8</b>
147.	118	Ewelina MAZUR	1976	K40	Gliwice	4	0:13:14.4	0:13:49.1	0:13:52.0	0:13:38.7	0:55:32.0	<b>0:55:21.7</b>
148.	37	Małgorzata DYGOŃ	1977	K40	Gliwice	4	0:13:14.7	0:13:49.4	0:13:52.5	0:13:39.2	0:55:33.0	<b>0:55:22.9</b>
149.	169	Mariola RUDAWIEC	1972	K40	Mikołów	4	0:12:27.0	0:13:32.1	0:14:11.6	0:14:33.8	0:55:45.7	<b>0:55:28.0</b>
150.	207	Agata TKACZYK	1990	K20	Gliwice	4	0:13:30.3	0:13:42.1	0:14:03.7	0:13:49.4	0:56:11.5	<b>0:55:51.0</b>
151.	60	Anna JANKOWSKA	1979	K30	Zabrze	4	0:12:36.0	0:13:39.0	0:14:15.8	0:14:33.5	0:56:01.5	<b>0:55:51.6</b>
152.	28	Grzegorz DAMASZEK	1974	M40	Nowe Chechłó	4	0:14:17.0	0:16:04.8	0:12:12.4	0:12:43.5	0:56:26.2	<b>0:56:02.1</b>
153.	198	Halina SZNAPKA	1958	K50	Świętochłowice	4	0:12:50.7	0:14:24.0	0:14:07.5	0:14:00.7	0:56:19.2	<b>0:56:13.4</b>
154.	337	Leszek OWCZAREK	1972	M40	Zabrze	4	0:11:02.8	0:12:25.2	0:17:36.1	0:14:25.5	0:56:23.3	<b>0:56:19.7</b>
155.	352	Krystyna MAĆZKA	1955	K60	Gliwice	4	0:13:07.5	0:13:59.0	0:14:08.8	0:14:25.5	0:56:41.9	<b>0:56:26.6</b>
156.	215	Jolanta WALUSZ	1969	K40	Bytom	4	0:12:49.4	0:13:53.4	0:14:14.1	0:14:42.7	0:56:44.8	<b>0:56:32.4</b>
157.	19	Monika CHROMIK-KOWALSKA	1984	K30	Knurów	4	0:12:39.0	0:13:39.4	0:14:01.4	0:15:30.2	0:56:49.0	<b>0:56:36.5</b>

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M-ce	Nr	Imię i nazwisko	Rok ur.	Kateg.	Miasto	Laps	Lap1	Lap2	Lap3	Lap4	Meta	Netto
158.	90	Tomasz KOWALSKI	1984	M30	Knurów	4	0:12:39.0	0:13:39.0	0:14:01.4	0:15:30.2	0:56:49.2	<b>0:56:37.3</b>
159.	353	Małgorzata TOMCZAK	1973	K40	Zabrze	4	0:12:23.3	0:14:16.8	0:14:45.4	0:14:30.9	0:56:50.4	<b>0:56:46.6</b>
160.	212	Leszek URBAŃSKI	1970	M40	Zabrze	4	0:12:52.6	0:14:15.2	0:14:34.6	0:14:19.9	0:57:00.3	<b>0:56:49.7</b>
161.	69	Jacek KACZMARSKI	1980	M30	Bytom	4	0:12:35.1	0:14:04.1	0:14:39.0	0:14:44.6	0:57:05.5	<b>0:56:56.3</b>
162.	64	Maciej JUREKO	1983	M30	Gliwice	4	0:13:05.3	0:14:16.8	0:14:20.6	0:14:25.7	0:57:09.3	<b>0:57:00.5</b>
163.	35	Mieszko DUDA	1985	M30	Zabrze	4	0:13:52.7	0:14:06.4	0:14:14.4	0:14:39.2	0:58:05.7	<b>0:57:41.5</b>
164.	42	Aleksandra FILIPOWICZ	1994	K20	Wieszowa	4	0:13:53.5	0:14:06.2	0:14:15.6	0:14:39.1	0:58:07.4	<b>0:57:44.2</b>
165.	44	Tadeusz GĄSZCZAK	1937	M70+	Gliwice	4	0:12:47.5	0:14:43.7	0:14:25.4	0:15:03.6	0:57:53.0	<b>0:57:50.3</b>
166.	160	Aleksandra PUDEŁKO	1979	K30	Gliwice	4	0:13:24.4	0:14:58.8	0:14:51.6	0:14:03.8	0:58:07.9	<b>0:57:58.8</b>
167.	240	Rafał ŻELAZKO	1988	M20	Gliwice	4	0:11:26.1	0:14:55.0	0:16:13.1	0:14:42.7	0:58:09.8	<b>0:57:59.7</b>
168.	326	Czesław PELC	1957	M60	Gliwice	4	0:14:04.0	0:14:30.8	0:14:23.6	0:14:14.8	0:58:17.0	<b>0:58:05.9</b>
169.	319	Krzysztof CEBO	1984	M30	Katowice	4	0:12:32.6	0:14:11.8	0:14:59.0	0:15:31.7	0:58:07.3	<b>0:58:06.3</b>
170.	170	Andrzej RYBAK	1989	M20	Zabrze	4	0:13:03.0	0:14:32.6	0:14:52.3	0:14:58.3	0:58:29.3	<b>0:58:15.5</b>
171.	91	Łukasz KRAJEWSKI	1982	M30	Gliwice	4	0:14:31.6	0:14:06.9	0:14:32.4	0:14:21.0	0:58:31.5	<b>0:58:20.5</b>
172.	4	Renata BAL-BURZAWA	1977	K40	Tychy	4	0:13:49.7	0:14:21.2	0:14:43.9	0:14:46.0	0:58:31.7	<b>0:58:22.6</b>
173.	295	Michał RYBCZYŃSKI	1977	M40	Szalsza	4	0:12:26.1	0:14:23.3	0:15:11.2	0:15:40.8	0:58:35.6	<b>0:58:28.8</b>
174.	304	Maja BOGDANOWICZ	1980	K30	Gliwice	4	0:12:46.8	0:14:36.1	0:14:56.9	0:15:38.1	0:58:59.3	<b>0:58:53.9</b>
175.	176	Janina SIENIAWSKA	1955	K60	Kędzierzyn - Koźle	4	0:13:41.9	0:14:43.0	0:14:40.9	0:14:58.4	0:59:05.8	<b>0:58:55.4</b>
176.	204	Seweryn SZYMCZAK	1996	M20	Zabrze	4	0:13:04.6	0:14:36.5	0:15:22.2	0:15:19.8	0:59:08.7	<b>0:59:04.6</b>
177.	208	Joanna TOMALA	1973	K40	Gliwice	4	0:12:48.6	0:14:40.0	0:15:04.0	0:15:43.0	0:59:35.3	<b>0:59:12.7</b>
178.	89	Janusz KOWALCZYK	1978	M30	Bytom	4	0:14:08.2	0:15:45.3	0:15:49.9	0:12:47.6	0:59:32.3	<b>0:59:16.4</b>
179.	62	Agnieszka JARCZOK	1992	K20	Gliwice	4	0:12:56.9	0:14:46.9	0:15:20.2	0:15:32.3	0:59:31.7	<b>0:59:29.1</b>
180.	231	Wioleta WYCIŚLIK	1987	K30	Gliwice	4	0:13:54.8	0:14:57.6	0:14:56.6	0:14:57.7	0:59:43.9	<b>0:59:31.6</b>
181.	324	Paulina BŁASZCZYK	1986	K30	Gliwice	4	0:13:25.4	0:15:00.4	0:15:35.7	0:15:03.6	0:59:56.7	<b>0:59:51.1</b>
182.	323	Karolina NOWICKA	1988	K20	Gliwice	4	0:13:26.5	0:15:00.1	0:15:36.0	0:15:03.9	1:00:01.5	<b>0:59:56.6</b>
183.	77	Szymon KLEMCZAK	1998	M20	Gliwice	4	0:12:52.8	0:14:45.4	0:15:27.9	0:16:13.4	1:00:25.4	<b>1:00:08.1</b>
184.	210	Barbara TRACZ	1981	K30	Gliwice	4	0:13:01.3	0:14:58.6	0:15:53.9	0:15:32.3	1:00:38.7	<b>1:00:28.8</b>
185.	110	Ewa ŁASZOWSKA	1985	K30	Gliwice	4	0:13:25.6	0:15:00.6	0:15:35.9	0:15:36.5	1:00:39.6	<b>1:00:33.7</b>
186.	59	Alina JANIA	1980	K30	Zabrze	4	0:13:41.0	0:14:57.8	0:15:29.4	0:15:36.9	1:01:00.4	<b>1:00:38.9</b>
187.	226	Jerzy WOŹNIAK	1963	M50	Gliwice	4	0:13:42.7	0:14:51.8	0:15:25.1	0:15:50.1	1:00:54.2	<b>1:00:44.0</b>
188.	311	Jarosław BRODA	1973	M40	Szalsza	4	0:14:17.4	0:15:23.2	0:15:20.7	0:15:16.0	1:01:28.4	<b>1:01:08.3</b>
189.	182	Katarzyna SKWARA	1982	K30	Zabrze	4	0:13:45.2	0:15:08.9	0:15:45.1	0:15:45.0	1:01:32.5	<b>1:01:20.4</b>

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M-ce	Nr	Imię i nazwisko	Rok ur.	Kateg.	Miasto	Laps	Lap1	Lap2	Lap3	Lap4	Meta	Netto
190.	187	Justyna SOLKA	1996	K20	Wielowieś	4	0:15:04.2	0:15:25.7	0:15:23.2	0:15:15.4	1:02:03.3	<b>1:01:45.0</b>
191.	112	Łukasz MACIEJKO	1988	M20	Gliwice	4	0:13:44.8	0:14:31.2	0:16:52.2	0:15:50.5	1:01:55.6	<b>1:01:45.5</b>
192.	178	Weronika SIERADZKA	1991	K20	Ruda Śląska	4	0:14:43.7	0:15:20.5	0:15:26.5	0:15:31.9	1:02:15.2	<b>1:01:54.5</b>
193.	16	Katarzyna BURZYŃSKA	1977	K40	Ruda Śląska	4	0:14:14.1	0:15:26.7	0:15:46.0	0:15:53.6	1:02:27.4	<b>1:02:11.9</b>
194.	120	Paulina MICHALSKA	1990	K20	Gliwice	4	0:13:30.6	0:15:51.4	0:16:09.6	0:15:43.5	1:02:32.8	<b>1:02:12.0</b>
195.	30	Jacek DĄBROWSKI	1983	M30	Gliwice	4	0:14:09.1	0:15:47.5	0:16:01.1	0:15:49.6	1:02:53.8	<b>1:02:38.2</b>
196.	70	Stanisław KAŁA	1950	M60	Pielgrzymowice	4	0:14:33.1	0:15:24.1	0:15:34.2	0:16:23.9	1:03:13.3	<b>1:03:00.3</b>
197.	92	Agnieszka KRAWIEC	1977	K40	Zabrze	4	0:14:30.6	0:15:59.9	0:16:13.0	0:16:01.9	1:03:59.5	<b>1:03:38.0</b>
198.	1	Anna ANTONIEWICZ	1996	K20	Pyskowice	4	0:14:57.2	0:15:53.1	0:15:58.7	0:16:14.1	1:03:57.2	<b>1:03:53.7</b>
199.	139	Kinga OŻÓG	1985	K30	Gliwice	4	0:15:14.1	0:16:53.7	0:17:16.0	0:13:42.5	1:04:12.6	<b>1:03:57.4</b>
200.	24	Andrzej CZICHY	1964	M50	Bytom	4	0:15:06.3	0:16:36.0	0:16:56.0	0:15:56.4	1:05:37.1	<b>1:05:20.6</b>
201.	68	Małgorzata KACZMARSKA	1975	K40	Zabrze	4	0:14:29.0	0:16:18.0	0:17:04.3	0:16:58.2	1:05:52.3	<b>1:05:41.7</b>
202.	150	Katarzyna POLCZYK	1980	K30	Tarnowskie Góry	4	0:15:07.9	0:16:10.3	0:16:59.4	0:17:10.3	1:06:45.7	<b>1:06:28.3</b>
203.	294	Agnieszka KACZKIEWICZ	1976	K40	Gliwice	4	0:14:59.9	0:16:29.1	0:17:01.6	0:17:10.2	1:06:45.8	<b>1:06:40.3</b>
204.	137	Natalia ORZECZOWSKA	1986	K30	Opole	4	0:16:22.3	0:17:08.5	0:16:59.0	0:15:40.9	1:07:21.8	<b>1:06:59.2</b>
205.	297	Paweł KOPCZYŃSKI	1977	M40	Gliwice	4	0:14:33.6	0:17:31.1	0:18:19.2	0:18:38.9	1:10:25.1	<b>1:10:05.5</b>
206.	165	Hanna REITER	1970	K40	Gliwice	4	0:15:52.6	0:17:59.9	0:18:47.6	0:18:51.8	1:12:42.9	<b>1:12:37.0</b>
207.	83	Katarzyna KOPEĆ	2017	K0	Gliwice	4	0:13:21.8	0:15:05.7	0:15:44.1	0:16:02.1	1:17:40.7	<b>1:17:27.1</b>
208.	148	Robert PIERNIKARCZYK	1982	M30	Przechlebie	3	0:12:11.1	0:13:00.1	0:12:59.7		0:39:22.0	<b>0:38:59.4</b>
209.	190	Marcin STERCZEWSKI	1981	M30	Pyskowice	3	0:12:48.1	0:13:27.1	0:13:17.1		0:40:40.2	<b>0:40:22.3</b>
210.	228	Józefa WÓJCIK	1963	K50	Gliwice	3	0:12:24.1	0:13:23.1	0:13:51.9		0:40:47.1	<b>0:40:33.3</b>
211.	80	Patrycja KNEBEL	1986	K30	Zabrze	3	0:12:45.0	0:13:23.6	0:13:51.5		0:40:57.9	<b>0:40:52.8</b>
212.	34	Sabina DOMAŃSKA-GRZONA	1980	K30	Zabrze	3	0:12:04.2	0:13:57.0	0:14:30.5		0:41:24.6	<b>0:41:20.6</b>
213.	290	Marek GÓRA	1967	M50	Tarnowskie Góry	3	0:12:41.4	0:14:36.9	0:14:25.5		0:42:37.9	<b>0:42:31.8</b>
214.	164	Sławomir RACZEK	1979	M30	Gliwice	3	0:15:17.5	0:16:30.2	0:10:15.2		0:43:03.1	<b>0:42:44.1</b>
215.	65	Tomasz JUREKO	1988	M20	Gliwice	3	0:12:38.8	0:14:24.6	0:15:12.7		0:43:14.6	<b>0:43:10.8</b>
216.	180	Grzegorz SKOWRONEK	1979	M30	Wrocław	3	0:11:24.7	0:14:54.5	0:15:46.4		0:43:20.8	<b>0:43:13.2</b>
217.	197	Eugeniusz SZNAPKA	1955	M60	Świętochłowice	3	0:14:01.1	0:14:39.1	0:15:03.6		0:44:52.5	<b>0:44:40.2</b>
218.	15	Iwona BUKSIŃSKA	1968	K40	Zabrze	3	0:12:55.7	0:14:47.0	0:16:11.2		0:44:56.7	<b>0:44:45.2</b>
219.	12	Norbert BRODIUK	1973	M40	Gliwice	3	0:13:08.9	0:15:21.7	0:16:15.9		0:45:46.6	<b>0:45:40.1</b>
220.	5	Tomasz BANAK	1977	M40	Będzin	3	0:16:17.9	0:17:18.4	0:15:43.7		0:50:46.3	<b>0:50:20.5</b>
221.	7	Monika BARTKOWSKA	1985	K30	Gliwice	3	0:15:14.8	0:16:52.7	0:17:16.8		0:50:39.8	<b>0:50:24.2</b>

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M-ce	Nr	Imię i nazwisko	Rok ur.	Kateg.	Miasto	Laps	Lap1	Lap2	Lap3	Lap4	Meta	Netto
222.	202	Marlena SZUMAŃSKA	1987	K30	Gliwice	3	0:15:15.2	0:16:53.5	0:17:15.6		0:50:39.3	<b>0:50:24.6</b>
223.	191	Elżbieta STRZELEC	1993	M20	Knurów	3	0:15:36.0	0:16:45.1	0:17:28.1		0:51:10.1	<b>0:50:48.8</b>
224.	162	Martyna PYTKO	1986	K30	Gliwice	3	0:15:12.7	0:18:42.5	0:17:49.2		0:52:51.1	<b>0:52:42.0</b>
225.	147	Mirela PIERNIKARCZYK	1985	K30	Przechlebie	3	0:16:27.4	0:19:18.3	0:20:23.5		0:57:36.9	<b>0:57:22.4</b>
226.	20	Jolanta CIESZYŃSKA	1962	K50	Gliwice	3	0:18:34.9	0:19:14.5	0:19:11.0		0:58:09.3	<b>0:58:00.7</b>
227.	214	Katarzyna WACHNIK	1978	K30	Szalsza	3	0:17:24.0	0:20:19.4	0:20:23.9		0:59:32.4	<b>0:59:13.6</b>
228.	8	Adam BAWOŁ	1982	M30	Strzelce Opolskie	2	0:10:59.2	0:11:31.3			0:23:18.4	<b>0:23:10.1</b>
229.	172	Grzegorz RYBAKIEWICZ	1974	M40	Knurów	2	0:10:56.8	0:12:00.9			0:24:08.8	<b>0:23:41.4</b>
230.	174	Magdalena RZEPKA	1984	K30	Gliwice	2	0:11:07.5	0:12:15.5			0:24:14.4	<b>0:24:07.0</b>
231.	159	Grzegorz PROFASKA	1992	M20	Knurów	2	0:10:52.5	0:12:28.9			0:24:10.3	<b>0:24:08.2</b>
232.	47	Anna GORUS	1983	K30	Zabrze	2	0:11:31.1	0:12:04.4			0:24:34.0	<b>0:24:19.7</b>
233.	31	Dorota DELEWSKA	1970	K40	Zabrze	2	0:11:31.3	0:12:05.5			0:24:34.0	<b>0:24:20.2</b>
234.	128	Bartek MULEWSKI	2004	M0	Zabrze	2	0:11:31.7	0:12:29.2			0:25:01.3	<b>0:24:44.5</b>
235.	346	Blanka DZIERŻANOWSKA	1990	K20	Zabrze	2	0:11:25.3	0:12:36.8			0:25:04.3	<b>0:24:45.7</b>
236.	173	Daniel RYGOL	1991	M20	Tworóg	2	0:11:29.9	0:13:25.5			0:25:57.3	<b>0:25:50.2</b>
237.	356	Andrzej SMUDA	1976	M40	Gliwice	2	0:12:38.4	0:12:36.1			0:26:36.1	<b>0:25:59.4</b>
238.	331	Małgorzata CZUPRYŃSKA	1977	K40	Bytom	2	0:12:57.2	0:13:42.6			0:27:41.2	<b>0:27:29.1</b>
239.	330	Bożena ŚLEBODA	1978	K30	Szombierki	2	0:12:57.8	0:13:42.6			0:27:42.0	<b>0:27:30.3</b>
240.	299	Zbigniew KĘPKA	1970	M40	Zabrze	2	0:12:37.0	0:14:51.1			0:28:53.4	<b>0:28:22.5</b>
241.	96	Paweł KUKOLNIK	1989	M20	Gliwice	2	0:12:44.3	0:15:12.1			0:28:54.0	<b>0:28:48.7</b>
242.	46	Joanna GOLIK-SKITAŁ	1976	K40	Paczyna	2	0:14:08.2	0:15:26.6			0:30:38.5	<b>0:30:23.7</b>
243.	171	Paula RYBAK	1991	K20	Gliwice	2	0:14:12.0	0:15:21.5			0:30:30.0	<b>0:30:25.9</b>
244.	27	Agnieszka DAMASZEK	1978	K30	Nowe Chechło	2	0:14:33.2	0:16:04.4			0:31:43.5	<b>0:31:35.7</b>
245.	2	Aneta BAJOR	1975	K40	Żory	2	0:15:05.1	0:16:37.1			0:32:49.2	<b>0:32:35.9</b>
246.	85	Katarzyna KOSTORZ	1988	K20	Gliwice	2	0:15:17.2	0:16:30.7			0:32:58.3	<b>0:32:39.6</b>
247.	141	Krystyna PAWIŃSKA	1973	K40	Borowiany	2	0:15:39.3	0:17:17.9			0:34:14.6	<b>0:34:00.5</b>
248.	63	Wioletta JOHN	1993	K20	Świbie	2	0:15:43.0	0:17:31.1			0:34:32.0	<b>0:34:13.4</b>
249.	233	Katarzyna ZAKLIŃSKA	1976	K40	Gliwice	2	0:15:51.4	0:17:30.9			0:34:41.1	<b>0:34:16.4</b>
250.	237	Magdalena ZARODA	1986	K30	Gliwice	2	0:16:21.5	0:17:42.5			0:35:32.3	<b>0:35:08.9</b>
251.	86	Rafał KOSTRO	1978	M30	Gliwice	2	0:16:23.1	0:18:19.9			0:36:12.9	<b>0:35:56.5</b>
252.	234	Justyna ZANDER	1987	K30	Bytom	2	0:16:22.6	0:19:00.3			0:36:42.7	<b>0:36:20.9</b>
253.	109	Agata ŁANIUCHA	1987	K30	Gliwice	2	0:18:34.0	0:19:15.9			0:39:11.3	<b>0:39:02.5</b>



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M-ce	Nr	Imię i nazwisko	Rok ur.	Kateg.	Miasto	Laps	Lap1	Lap2	Lap3	Lap4	Meta	Netto
254.	87	Marek KOTOWSKI	1979	M30	Gliwice	1	0:11:46.0				0:12:37.5	<b>0:12:35.5</b>
255.	33	Patryk DOLIASZ	1980	M30	Gliwice	1	0:11:53.0				0:12:56.8	<b>0:12:49.5</b>
256.	13	Mateusz BROLIK	1993	M20	Świbie	1	0:11:57.8				0:12:57.2	<b>0:12:55.3</b>
257.	358	Dominik PUDEŁKO	2007	M0	Szalsza	1	0:12:31.7				0:13:20.8	<b>0:13:13.5</b>
258.	57	Daniel JACYSZYN	1991	M20	Gliwice	1	0:14:06.9				0:15:05.9	<b>0:15:04.2</b>
259.	82	Jarosław KOCHANEK	1970	M40	Gliwice	1	0:14:42.7				0:15:47.2	<b>0:15:35.8</b>
260.	75	Tymon KĘPKA	2011	M0	Warszawa	1	0:14:57.8				0:16:04.8	<b>0:15:51.5</b>
261.	41	Paulina FILIPEK	1992	K20	Gliwice	1	0:15:01.6				0:16:02.1	<b>0:15:57.1</b>
262.	54	Karolina HORANSE	1995	K20	Gliwice	1	0:15:05.3				0:16:03.2	<b>0:16:00.4</b>
263.	81	Aleksandra KOCHANEK	1972	K40	Gliwice	1	0:15:12.9				0:16:29.6	<b>0:16:18.4</b>
264.	74	Krzysztof KĘPKA	1986	M30	Warszawa	1	0:15:24.4				0:16:37.2	<b>0:16:24.0</b>
265.	216	Karol WANECKI	2008	M0	Gliwice	1	0:15:33.6				0:16:51.6	<b>0:16:30.3</b>
266.	196	Małgorzata SZKAMRUK	1981	K30	Gliwice	1	0:15:33.8				0:16:55.7	<b>0:16:34.7</b>
267.	61	Paweł JANUS	1976	M40	Gliwice	1	0:17:45.7				0:19:13.3	<b>0:18:49.9</b>
268.	308	Julia MAJEWSKA	2005	K0	Szalsza	1	0:18:21.8				0:19:27.1	<b>0:19:15.2</b>
269.	307	Magdalena MAJEWSKA	1984	K30	Szalsza	1	0:18:16.9				0:19:35.9	<b>0:19:23.6</b>

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