

VI-ty Lubliniecki Półmaraton Nordic Walking i Lubliniecka 5-ka



Półmaraton

2019-03-03, Lubliniec

M-sce	Nr	Imię i nazwisko	Lap1	Lap2	Lap3	Lap4	Wynik	Płeć/mce
Półmaraton								
1.	160	Karol STILLER	0:33:02,04	0:33:40,40	0:33:35,73	0:35:13,82	2:15:32,01	M (1.)
2.	182	Mariusz SZARSZUNOWICZ	0:33:43,29	0:34:16,24	0:35:40,20	0:37:55,47	2:21:35,21	M (2.)
3.	153	Paweł SŁUPIANEK	0:34:30,66	0:35:02,07	0:35:42,92	0:37:22,34	2:22:38,00	M (3.)
4.	117	Marcin HAŁAS	0:36:22,26	0:36:50,66	0:37:04,86	0:36:15,75	2:26:33,54	M (4.)
5.	149	Mariusz PODOLAK	0:36:48,23	0:36:32,52	0:36:56,48	0:36:34,50	2:26:51,74	M (5.)
6.	104	Bogdan BARCZYK	0:35:43,84	0:36:08,24	0:36:54,54	0:38:47,66	2:27:34,30	M (6.)
7.	170	Krzysztof WILCZEK	0:36:21,16	0:36:49,30	0:37:05,97	0:37:22,84	2:27:39,29	M (7.)
8.	157	Sebastian STACHOWIAK	0:36:22,27	0:36:48,74	0:37:09,03	0:38:56,42	2:29:16,49	M (8.)
9.	132	Jan MAKOWSKI	0:36:39,19	0:38:12,76	0:39:34,41	0:40:22,96	2:34:49,34	M (9.)
10.	124	Joanna KOŁODZIEJ	0:37:21,01	0:38:20,42	0:39:26,28	0:39:49,68	2:34:57,40	K (1.)
11.	184	Janusz MCHNIK	0:36:05,73	0:38:45,00	0:40:58,50	0:40:53,36	2:36:42,62	M (10.)
12.	126	Marek KOWALSKI	0:38:40,58	0:38:51,71	0:39:35,88	0:39:52,23	2:37:00,40	M (11.)
13.	116	Franciszek HAJDUK	0:38:08,96	0:38:54,35	0:40:08,18	0:41:00,79	2:38:12,30	M (12.)
14.	181	Józef Maciej BRZEZINA	0:37:59,43	0:39:04,28	0:40:08,25	0:41:00,92	2:38:12,90	M (13.)
15.	175	Katarzyna WOLNIEWICZ	0:38:07,52	0:40:06,91	0:41:09,29	0:41:39,01	2:41:02,74	K (2.)
16.	103	Zdzisław ARENDT	0:39:01,68	0:39:26,97	0:40:52,03	0:41:59,24	2:41:19,92	ż M (14.)
17.	119	Irena JANOSZKA	0:39:18,16	0:40:17,75	0:41:18,84	0:41:12,67	2:42:07,44	K (3.)
18.	152	Paweł SKIBA	0:38:55,48	0:39:53,56	0:40:41,20	0:42:49,58	2:42:19,84	ż M (15.)
19.	130	Janusz LIGĘZA	0:39:48,89	0:40:16,66	0:40:51,26	0:41:26,07	2:42:22,89	ż M (16.)
20.	150	Magdalena RAJEK	0:41:20,14	0:42:51,09	0:40:10,52	0:38:27,61	2:42:49,38	K (4.)
21.	113	Agnieszka GROS	0:40:51,96	0:41:05,17	0:41:22,94	0:40:59,75	2:44:19,82	K (5.)
22.	172	Dariusz WILK	0:38:07,35	0:39:25,19	0:42:54,52	0:44:47,06	2:45:14,12	M (17.)
23.	111	Ewa DUSIEL	0:40:06,18	0:41:15,02	0:41:24,36	0:42:29,42	2:45:14,99	K (6.)

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24.	120	Beata KAMIŃSKA	0:40:06,78	0:41:14,94	0:41:25,02	0:42:28,52	2:45:15,27	K (7.)
25.	169	Joanna TOKARZ	0:40:36,70	0:40:57,00	0:41:15,87	0:43:49,67	2:46:39,26	K (8.)
26.	161	Jacek SZCZEBAK	0:41:22,00	0:41:25,73	0:41:48,55	0:42:25,51	2:47:01,81	M (18.)
27.	143	Mariusz NOWICZ	0:40:02,74	0:40:06,73	0:42:53,11	0:44:31,88	2:47:34,47	M (19.)
28.	173	Maria WITKOWSKA	0:42:11,46	0:42:00,79	0:42:24,47	0:42:56,91	2:49:33,65	K (9.)
29.	147	Agnieszka PINIS	0:41:19,80	0:42:50,87	0:42:43,10	0:43:48,00	2:50:41,79	K (10.)
30.	133	Katarzyna MALINOWSKA	0:42:28,68	0:41:58,04	0:43:06,51	0:43:25,28	2:50:58,51	K (11.)
31.	138	Maciej MATUSZCZYK	0:39:39,52	0:40:40,68	0:42:44,32	0:48:17,12	2:51:21,66	ż M (20.)
32.	166	Beata ŚWITALSKA	0:40:51,82	0:42:51,31	0:43:46,02	0:44:21,00	2:51:50,17	K (12.)
33.	162	Janusz SZKAMRUK	0:40:53,24	0:42:57,96	0:43:43,80	0:44:23,37	2:51:58,39	M (21.)
34.	101	Marian ADAMUS	0:41:48,60	0:43:44,10	0:44:13,96	0:42:31,67	2:52:18,34	M (22.)
35.	118	Jolanta JACH	0:43:14,27	0:42:18,81	0:42:49,46	0:44:35,48	2:52:58,03	K (13.)
36.	185	Agnieszka SZAJNOWSKA	0:41:51,23	0:42:46,69	0:43:46,80	0:44:46,67	2:53:11,41	K (14.)
37.	180	Ewa CHROBOK	0:41:27,39	0:43:16,57	0:43:58,39	0:45:34,31	2:54:16,67	K (15.)
38.	114	Michał GRUSZKA	0:41:13,19	0:42:16,92	0:44:04,60	0:46:43,25	2:54:17,98	M (23.)
39.	144	Magdalena OLESZEK	0:42:11,90	0:43:08,65	0:44:11,14	0:44:53,62	2:54:25,33	K (16.)
40.	136	Magdalena MAREŃDZIAK	0:43:18,53	0:42:45,30	0:44:04,29	0:44:25,51	2:54:33,64	K (17.)
41.	156	Małgorzata SOSNOWSKA	0:41:25,02	0:43:17,22	0:44:34,72	0:45:47,47	2:55:04,44	K (18.)
42.	135	Iwona MARCZEWSKA	0:42:13,12	0:43:11,02	0:43:36,23	0:46:28,14	2:55:28,52	K (19.)
43.	125	Jakub KOTULA	0:42:21,40	0:43:44,02	0:44:57,73	0:45:29,82	2:56:32,99	M (24.)
44.	139	Arkadiusz MICHALAK	0:42:16,32	0:43:19,80	0:45:18,93	0:46:07,23	2:57:02,30	M (25.)
45.	6	Beata CHMIEL	0:43:00,80	0:43:48,52	0:45:38,16	0:44:39,88	2:57:07,38	K (20.)
46.	115	Anita GWAREK	0:44:11,47	0:44:16,66	0:44:22,17	0:45:22,71	2:58:13,02	K (21.)
47.	141	Wojciech NETKOWSKI	0:41:52,28	0:44:28,66	0:46:05,13	0:45:52,22	2:58:18,30	M (26.)
48.	102	Maria ANYŻ	0:42:30,25	0:43:21,71	0:45:41,10	0:46:58,57	2:58:31,65	K (22.)
49.	110	Stanisław DROZD	0:43:49,46	0:43:12,56	0:45:01,37	0:46:42,94	2:58:46,35	ż M (27.)

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50.	158	Emilia STEFANIAK	0:44:30,32	0:45:32,06	0:45:48,39	0:43:55,13	2:59:45,90	K (23.)
51.	171	Franciszek WILCZYŃSKI	0:44:17,94	0:44:39,25	0:45:22,40	0:46:54,27	3:01:13,88	M (28.)
52.	89	Ewa ZYDEK	0:44:05,02	0:45:08,71	0:46:12,28	0:46:49,24	3:02:15,26	K (24.)
53.	145	Grażyna OMARSKA	0:44:26,71	0:45:33,79	0:46:00,59	0:46:53,21	3:02:54,31	K (25.)
54.	167	Robert ŚWITALSKI	0:43:25,90	0:44:54,39	0:46:47,40	0:49:24,92	3:04:32,61	M (29.)
55.	154	Sonia SŁUPIANEK	0:44:30,12	0:46:45,65	0:47:41,57	0:48:42,35	3:07:39,70	K (26.)
56.	108	Kornelia CZEMPIK	0:42:38,60	0:45:05,58	0:46:01,22	0:54:54,81	3:08:40,23	K (27.)
57.	179	Barbara ZIENTEK	0:47:33,21	0:46:33,43	0:47:36,78	0:48:22,61	3:10:06,04	K (28.)
58.	177	Lilianna ZAWADZKA	0:47:01,88	0:47:04,01	0:48:01,29	0:49:30,01	3:11:37,20	K (29.)
59.	146	Ryszard PATYK	0:45:41,77	0:49:11,38	0:48:03,08	0:49:48,80	3:12:45,05	M (30.)
60.	129	Halina KROWICKA	0:45:09,24	0:47:43,14	0:49:14,84	0:51:21,17	3:13:28,41	K (30.)
61.	123	Berenika KISZKA-MAZIARCZUK	0:45:58,65	0:48:34,40	0:50:14,89	0:49:44,24	3:14:32,19	K (31.)
62.	140	Anna MUZYKA	0:46:19,88	0:48:14,18	0:50:17,85	0:50:10,10	3:15:02,02	K (32.)
63.	168	Bogdan THOMALLA	0:48:18,39	0:49:10,48	0:48:33,51	0:49:34,22	3:15:36,62	M (31.)
64.	109	Krystyna DROZD	0:47:35,14	0:48:05,72	0:50:19,89	0:49:46,72	3:15:47,48	K (33.)
65.	176	Jolanta WOZIŃSKA	0:46:47,56	0:48:09,93	0:49:38,17	0:52:44,32	3:17:20,00	K (34.)
66.	127	Piotr KRAIŃSKI	0:53:02,11	0:50:22,25	0:46:18,51	0:48:52,72	3:18:35,60	M (32.)
67.	122	Bartłomiej KAZIROD	0:42:57,51	0:46:39,70	0:50:13,12	0:59:19,02	3:19:09,36	M (33.)
68.	106	Urszula CHRAPEK	0:48:46,05	0:48:29,24	0:50:35,47	0:53:17,18	3:21:07,94	K (35.)
69.	112	Elżbieta GĘBSKA	0:47:26,58	0:50:07,66	0:51:54,45	0:52:39,74	3:22:08,46	K (36.)
70.	121	Katarzyna KASZUBA	0:49:00,18	0:50:17,34	0:50:20,75	0:52:52,94	3:22:31,23	K (37.)
71.	174	Olga WŁOCHOWICZ	0:49:22,31	0:49:13,14	0:50:18,88	0:53:51,91	3:22:46,26	K (38.)
72.	131	Estera MACIŃSKA	0:49:24,17	0:49:12,05	0:50:19,00	0:53:51,68	3:22:46,91	K (39.)
73.	137	Anna MATERNY	0:49:01,60	0:50:15,94	0:50:21,50	0:53:33,47	3:23:12,53	K (40.)
74.	178	Urszula ZIELIŃSKA	0:49:14,98	0:50:15,16	0:50:36,40	0:54:18,05	3:24:24,61	K (41.)
75.	151	Katarzyna ROMAŃSKA	0:49:52,80	0:51:24,84	0:54:58,61	0:55:36,22	3:31:52,48	K (42.)

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76.	183	Gerard GAŁEK	0:48:22,01	0:51:11,66	0:55:20,83	0:57:08,88	3:32:03,38	M (34.)
	142	Marian NIESPOREK	0:40:43,32	0:41:43,16	0:42:38,70		DNF	M ()
	107	Janusz CHYRA	0:43:14,24	0:44:46,06			DNF	M ()

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